

PREPARATION FOR ALLERGY EVALUATION

We can diagnose most allergies quickly and easily with skin testing using a MultiTest device. We introduce multiple substance (“allergens”) into the outermost layer of your skin. These allergens create a hive if you are allergic to them. This system is relatively painless. We can further test allergens that don’t initially react by injecting them under the skin with a syringe and needle. These two tests determine what allergens you should avoid, and if needed, how to customize your “vaccine” for allergy shots. At the end of your visit, Dr. Page will review your skin tests and formulate a treatment plan. If you are ill on the day of testing, please call to determine if testing can be done.

Allow 2 hours for your visit.

Fill in both sides of the allergy questionnaire and bring it to your visit. “Don’t leave home without it!”

Please bring copies of records from previous allergists, along with a list of all medicines.

To allow accurate skin testing, **stop all antihistamines at least 48 hours prior to your allergy evaluation (or longer if noted below).**

Continue all other medications including asthma medication, nose sprays, antibiotics, and eye drops.

The following lists some, but not all medicines that contain antihistamines. If you are not sure if any of your medicines contain antihistamine, call our office.

A.R.M	Contact	Phenergan
Actidil	CoTylenol	Polaramine
Actifed	Cyprohepatadine	Poly-Histine
Alka-Seltzer Plus Cold	Deconamine	Promethazine
Allegra	Dimetane	Robitussin Night Relief
Astelin	Dimetapp	Rondec
Atarax (1 week)	Diphenhydramine	Ru-Tuss
Atrohist	Drixoral	Rynatuss
Azatadine	Extendryl	Semprex-D
Benadryl	4 Way Cold Tablets	Sinarest
Benylin Cough	Hydroxyzine (1 week)	Sine-off
Bromfed	Isoclor	Sunutal
Bromphen TD	Kronofed	Sudafed Plus
Brompheniramine	Levocetirizine	Tavist
Cetirizine	Loratidine	Traminic (not DM & Expectorant)
Chlorpheniramine	Naldecon	Triaminicol
Chlor-Trimeton (CMT)	Nolahist	Tri-Phen-Chlor
Clarinox	Nolamine	Triprolidine
Claritin	Novahistine	Vistaril
Clemastine	Optimine	Zyrtec
Comhist	Ornade	Xyzal
Comtrex	Pedicare 2 & 3	
	Periactin	

PLEASE BRING A LIST OF THE CURRENT MEDICATIONS YOU TAKE AND ANY LAB OR ALLERGY TESTS YOU MAY HAVE.

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